

# Operation: Pet Adoption

*Be a hero. Adopt a shelter pet.*



We know that one of the core values of the military is loyalty.

In that spirit, we hope you'll choose pet adoption. Our 4-legged friends' will bring you happiness the moment you give it a second chance at life.

We think that's a pretty special friend.

## Health Benefits of Pet Adoption

- Reduced stress and incidence of depression.
- Fewer feelings of loneliness.
- Strong emotional connection.
- Just 30 minutes in the company of a pet improves feelings of happiness and well-being.
- Positive impact on kids' attitudes about themselves, boosting their ability to relate to others.
- Lower cholesterol, blood pressure and triglyceride levels.
- Increased physical activity and motility.
- Greater reduction of cardiovascular stress in the presence of a pet.
- Improved post-heart attack recovery.



## Why Adopt?

- All of our animals receive a medical and behavioral evaluation, and rehabilitation as needed, before being put up for adoption.
- We vaccinate and spay or neuter all of our pets before adopting them out.
- Staff take great care to match you with an appropriate pet for your lifestyle, needs and capabilities.
- Most of all, you're giving a loyal pet a second chance!

Show your military or veteran's I.D. and get **50%** off an adult cat or dog adoption!



693 Mt. Hope Avenue • 207.942.8902 • [www.bangorhumane.org](http://www.bangorhumane.org)

*\*\*Adoption policies still apply. Cannot be used with any other discount or promotion.\*\**