



FROM THE DIRECTOR

Dear Friends,

As I write this, an April snowstorm is on the way—but by the time you read this, spring will be in full swing. Spring brings warmer weather, more sunshine, and, for dog owners, a little less mud and a little

more outdoor adventure. It's a season of fresh starts—for gardens, for animals, and for the many connections we share with those in our communities.

Spring also brings one of our favorite traditions at BHS: The Annual Good Newsletter. This special edition gives us the chance to reflect on the past year with pride and deep gratitude for all the good your support has made possible. As you flip through these pages, we hope you see what we see—photos and stories that shine with the power of kindness, connection, and community.

Support comes in all shapes and sizes. Whether you adopt, volunteer, donate, or simply cheer us on, every act of generosity matters. Every bit of good you do makes a difference.

We know the world feels uncertain right now. But one thing that continues to unite us is the shared belief that animals deserve safety, care, and love. In that shared value, we are reminded of our common humanity. We're honored to be a place of hope and healing—for pets and for people.

So, if you ever find yourself needing a reminder that there is still good in the world, we invite you to stop by. It's here—in every tail wag, purr, and joyful reunion.

Hope blooms here, all year long. Thank you for making it possible.

Be well,

Sugar Prondersand

Suzan Prendergast

**Executive Director** 







## **Hours of Operation**

Monday-Friday: 1pm-6pm Saturday: 12pm-6pm Sunday: Closed

### **Board of Directors 2023-2024**

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Abbey Ramsay

Jeff Russell

#### **Our Staff**

**Executive Director** 

 $Suzan\ Prendergast$ 

**Shelter Vet** 

Dr. Aron Nichols, DVM

**Director of Development** 

and Communications

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**Volunteer and Community** 

**Outreach Director** 

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**Director of Medical Services** 

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Sam Carruth

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**Administrative Assistant &** 

**Foster Care Coordinator** 

Gabby Hubbell

**Adoption Counselors** 

Alicia, Jess, Kiki, Jay, Melinda, Vee, Gracie, Ada, Jocelyn, Chris, Caroline

**Animal Care Technicians** 

Audrey, Alex, Lily, Mallory, Marin, Makayla, Emma

# PLEASE JOIN US IN WELCOMING DR. ARON NICHOLS!

Bangor Humane Society is thrilled to announce the addition of our first-ever shelter veterinarian.



Dr. Aron Nichols enrolled at UMaine directly following high school, but was struggling to identify his true purpose. He was presented with an opportunity to shadow Dr. Mark Hanks at Kindred Spirit Veterinary Clinic in Orrington, and something shifted. Dr. Nichols shares, "All of the sudden, I decided that I was going to be a veterinarian and I did everything anyone would let me do that was animal related."

In 2013, he was hired as an Animal Care Technician RIGHT HERE at Bangor Humane Society where he worked full time while finishing his undergraduate degree at UMaine. In 2016, he was accepted into the University of Prince Edward Island's Atlantic Veterinary College, and in 2020 he was awarded his degree as a Doctor of Veterinary Medicine.

After graduation, he spent time in New York City as an intern at ASPCA and then as an Emergency Room vet before finally returning to Maine to work at Eastern Maine Emergency Vet Clinic. From there, he filled in at general practices in the Bangor Region, but continued to feel pulled toward emergent care. When he saw the

listing for the role at BHS, he knew he would find the best of both worlds, "Shelter medicine has all the excitement of an emergency room, but with better hours."

Aside from the excitement of shelter medicine, Dr. Nichols shares that shelter animals had the most

significant impact on his journey to veterinarian. "You don't know the dog or cat you're helping or the person they will go on to help. A lot of my identity was found in my relationships with shelter animals. As a human being, **it's an incredibly meaningful endeavor to be part of a life changing relationship**. As a veterinarian, the simple everyday actions that I did in general practice or the emergency room are the same ones that I do here but here the impact is immeasurable."

Animal shelters across the country routinely rely on the services of visiting veterinarians, or take animals to local vet clinics for diagnoses and procedures. BHS has long benefited from robust and generous relationships with the vets in our region, but as the scope of our needs have changed, and the demands on the veterinary world have increased, it is clear that hiring an in-house vet will allow us to more efficiently address the unique demands of shelter medicine. For now, Dr. Nichols will focus his energies on the many needs of the surrendered and stray animals that enter BHS.

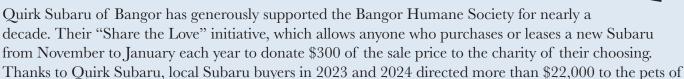






## **Shares the Love**

Quirk Subaru has directed more than \$150,000 to BHS since 2018!





But that's not all. Thanks to their partnership, BHS uniquely qualifies for grant funding through ASPCA, and we work together for a week each fall on a "Fill the Forrester" event to raise supplies and offer reduced adoption fees to help more animals find homes right here in our communities.

We can't wait to see what 2025 has in store!

THANK YOU QUIRK SUBARU







In 2024, Versant Power celebrated "100 years of providing safe and reliable power to northern and eastern Maine." In honor of such a milestone, they allocated \$100,000 to be awarded by employee vote to 10 charitable organizations in the community. More than 200 applications for worthy causes were submitted, and BHS was lucky enough to be awarded one of only 10, \$10,000

grants in support of our Low-Income Spay/Neuter Voucher program. This grant helped hundreds of local families afford sterilization procedures for their pets, which keeps their own pet healthy and reduces the numbers of unwanted litters in our region.

Versant has also been a years-long supporter of our Annual Paws on Parade event, bringing fun and visibility to the cause of humane pet care and adoption.







Madilyn & Jocelyn hosted their 3rd Annual lemonade stand for the pets of BHS. Over the years, they've raised more than \$1200!



4th Annual Hailley's Heroes! Nearly 50 animals have been sponsored for adoption by Hailley and her dog-parents, James & Cassie, who just welcomed a new baby to the family!



Volunteers from **Amicus** have been visiting our shelter once or twice a week for years. Here they are passing out homemade, dog-friendly treats to our residents.



Girl Scout Troop 1466 in Hampden saved up for months to donate more than \$1,000 worth of toys, treats, and supplies for the pets of BHS!

Our Communities Have Heart!
With gratitude to all who
supported BHS over the last year.
Together, your kennel sponsorships,
supply donations, lemonade
stands, and employee
initiatives made a
huge impact.
Thank you!



Amy from **Haley Ward** dropped off supplies and cash donations collected by employees in honor of National Pet Day!



Friends from  ${\bf Girl~Scout~Troop~1561}$  deliver supplies.



We are lucky to enjoy partnerships with local media, including **WABI**, **WVII**, **and WKIT**. Kyle at the WVII studios carried our friend Wren to the car when the salt irritated her paw pads!



**Paradis Shop N Save** joined our Paws on Parade family of sponsors this year! Welcome!



Jean, the
Animal Control
Officer from
Carmel, joined
in the fun of
storytime and
showed off a
special page from
the book!



Children's book author Gail Theroux Clark and her dogs joined us at a special storytime to read us her book, "The Island". Thanks to **The Briar Patch** for partnering with us!

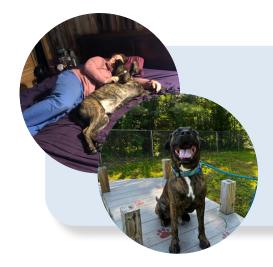


Abbey from **University Credit Union** stopped by to drop off a check in support of Paws on Parade-that big check makes a big difference!



Don was back at it with his **Whoopies for Whiskers** sale in 2024! So far, his efforts have raised nearly \$1500 for the shelter!

## **HAPPY TAILS ARE THE BEST NEWS!**



**Bruno**, a 5-year old terrier mix, was one of our longest-term residents. A favorite among staff, he was well-loved for his intelligence and loyalty. He needed time to warm up to new people, so we knew his matchmade-in-heaven would be someone willing to go at his pace. After 1214 days at BHS, everyone's patience paid off and Bruno went home with his new owner, Lillie.

**Patty**, a beautiful blue-eyed mixed breed girl, arrived as a stray in June 2024. She has a deep love for chasing tennis balls and rolling in the grass, but also had a little stranger danger and needed to be the only animal in the home. In March 2025, her new owner Madison arrived and it was practically love at first sight. Maddy and Patty? Does it get any cuter?





6-year old **Asher**, a stray who arrived at BHS in October 2024, was pretty shy and seemed to be the most comfortable carrying around a stuffed animal on any walks around the shelter. After almost 6 months at the shelter, his new family saw this charming boy during a visit and knew it was meant to be.

**Caesar**, the king of cats and our hearts, visited us twice over the years. He was brought to us as a tiny, but very confident kitten in 2017 and almost immediately adopted. Though he was loved and very well cared for, it was necessary for Caesar to find a new home and he returned to BHS in January 2024. After needing a little time to settle, he found his purr-fect match in February 2025. In true Caesar fashion, he declined an adoption photo.





## Mandy the Marvelous is Ready for Her Forever Couch (Uh, Home)!

Meet Mandy—a 5-year-old black lab mix who's been hanging out with us for about three years now. She had a short adventure in a new home, but it wasn't quite the "happy tail" she was hoping for, so she's back and hoping her person finds her soon.

Mandy is sweet, silly, and full of energy. She's a little shy when meeting new people (same, Mandy), but once she knows you, she's all about the snuggles. For the past few months, she's been getting lots of love and social time with our superstar staff member Gabby—and Mandy's social skills are looking pretty polished!

She's a proud introvert and prefers to be the only pet in the house. Think of her as the queen of the castle—no other furry royals needed. She's smart, adorable, loves belly rubs, and yes, she will bark at the mail carrier. (It's in the job description, right?)

Mandy's waiting to meet you, and she told us to tell you to **bring treats**.



#### **Our Mission**

The Bangor Humane Society champions the humane treatment and adoption of companion animals, provides quality care for homeless pets, and promotes animal welfare through education and advocacy.

Bangor Humane Society 693 Mt. Hope Ave. Bangor, ME 04401 207.942.8902 www.bangorhumane.org F: @BangorHumane





BHS is proud to feed our pets Hill's Science Diet Food!