Current Volunteer Opportunities:



Dog Walking & R&R

Volunteers assist in providing daily physical and mental enrichment for our canine residents. Responsibilities include walking dogs of various breeds and sizes, promoting positive behavior through gentle training, and offering affection and socialization. Qualified volunteers may also participate in our "day adventure" program, where select dogs spend time off-site for additional stimulation and relaxation. Must be 16 years of age or older to walk dogs. Must be 18 years or older for the dog adventure program.

Dog Kennel Cleaners

Cleanliness is essential to the health and well-being of our animals. Volunteers support staff by thoroughly cleaning unoccupied kennels in the morning and performing spot cleaning throughout the day. This role ensures dogs remain in a safe, hygienic environment during their stay.

Cat Kennel Cleaners & R&R

With over 150 cat kennels, maintaining a sanitary and comforting environment is critical. Volunteers assist in the morning by refreshing bedding, changing litter, replenishing food and water, and ensuring each kennel is ready for the day. Afternoon volunteers provide additional care, socialization, and comfort to the cats, while assisting closing staff.

Small Animal Care Assistants

This role involves morning care for smaller animals such as rabbits, guinea pigs, and hamsters. Volunteers provide fresh food, vegetables, bedding, and enrichment to help these animals thrive. Regular interaction helps reduce stress and promotes positive behavior during their stay, which can often be longer than other species.

Shelter Helpers

These essential behind-the-scenes roles allow our staff to focus directly on animal care. Tasks may include: Dishwashing, Laundry Assistance, general facility support.



Admin Assistant

Volunteers support the administrative team with a range of clerical tasks, including data entry, document scanning, assisting with the volunteer onboarding process, and contributing to digital content.

Scheduling is flexible and coordinated with the Volunteer Director.

Volunteer Adoption Assistant

Volunteers serve as the first point of contact for guests, assisting with greeting, phone calls, inquiries, and supporting adoption staff. With experience, they may help match pets with adopters. This role requires strong communication skills, professionalism, and a willingness to learn.

Training is required

Humane Education Volunteer

Volunteers assist with our youth education initiatives, such as the Youth Animal Advocate Program. This role is ideal for those passionate about animal welfare and youth education, as it helps teach children about shelter operations, pet care, and responsible pet ownership through interactive programming.

Transport Volunteer

Transport volunteers help facilitate animal movement between the shelter and external locations, such as veterinary clinics or partner facilities. This includes picking up or delivering animals and supplies. Volunteers must be reliable, punctual, and capable of safely handling animals during transport.

Outreach/Event Volunteer

Represent the Bangor Humane Society at off-site events, community outreach initiatives, and mobile adoption events. Volunteers help educate the public, promote our mission, and support adoption efforts in a public-facing role. This is an excellent fit for outgoing individuals who enjoy engaging with the community.

└ Interested?

Contact Chelsea Brown, Volunteer & Community Outreach Directo...

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